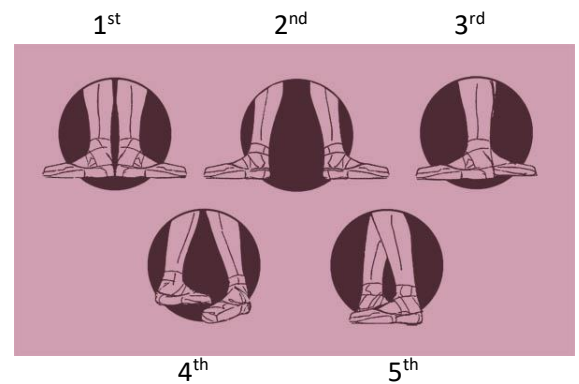


Beginning Ballet Vocabulary

Term	Definition
Plie	To bend
Tendu	To stretch
Degage	To disengage
Rond de Jambe	Rounding of the Leg
Frappe	To strike
Fondu	To melt
Coupe	To cut
Devant	Front
Derriere	Back
A la Seconde	To the side
Chasse	Chased
Demi	Small
Grand	Big
Battement	Beating
Develope	Developed
Enveloppe	Enveloped
Port de Bras	Carriage of the Arms
Chaines	Chained/Linked
Changement	To change
Cabriole	Caper
Pas de Chat	Cat Step
Tombe	To fall
Attitude	Position of the leg bent
Promenade	In a walk
En Croix	Shape of a Cross
Sissonne	Jump from 2 feet to 1
Saute	To jump
Releve	To rise with a plie
Eleve	To rise
En bas	Arms low
Barre	Side Practice
Assemble	Assembled
Arabesque	Position of leg straight behind the dancer
Retire	Withdrawn
a Terre	On the ground
En l'air	In the air
Pas de bourree	Bourree step
Glissade	To glide
Temps leve	Timed raise
Echappe	To escape
Reverence	Courtesy

Positions of the Feet



Position of the Arms

